# RIVER DELL REGIONAL \$CHOOL DI\$TRICT



**Content: Comprehensive Health** 

Course: Health 9

Alignment: 2020 NJSLS

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Authored by
Dr. Lisa Torres, Supervisor of ELA & SS 7-12
Tiffany Correa, Supervisor of PD & Special Projects
Ronald Van Saders

### Introduction

Health Education is provided for students to be able to explore ways to maintain a positive physical, emotional, and healthy lifestyle. Students should follow and learn from this curriculum in an effort to encourage students to make choices that have a positive effect on their lives. This document will provide information on how our educators will present the information that coincides with the New Jersey core curriculum standards. Within this document are the resources as well as the methods used to address all health-related topics.

#### Mission

River Dell's curricula is designed to promote student achievement through the development of college and career readiness skills with a focus on equal access, inclusivity, and students' individuality. The mission of the curriculum is to prepare students to live and to work in a global society as active citizens and as contributing responsible community members. The program outlined in this curriculum engages students in broad-based, experiential learning that will enhance the development of critical thinking, communication, and analytical/relational skills. This curriculum is constructed to meet students at their developmental level and to support their progression through varied levels of engagement, skill attainment, exploration, inquiry, and analysis assisting them to mature into their authentic selves.

#### Vision

Prepare students to become independent individuals who can effectively maintain social, emotional, and physical health and be aware of the risks associated with many health concerns. Students should be aware of their own body and mind and any issues that arise during their life and have knowledge on ways to seek help and create health changes. An education in Health topics fosters a population that can identify address and cope with health issues that come about throughout their lives.

#### **Scope and Sequence:**

Classes are one marking period or approximately 9 weeks. Each unit varies based on the topic and amount of information needed to address each standard.

Overall:

Marking Period: (9 Weeks)

Unit 1: Pregnancy and Parenting Unit 2: Social and Sexual Health

Unit 3: Community and Health Services and Support Unit 4: Health Conditions, Diseases and Medicines

Unit 5: Personal Safety

## **Technology**

Technology integration is the seamless and effective use of 21<sup>st</sup> Century technology within an instructional setting to support students and teachers in the learning process with administrative support and evaluation:

Standards 8.1 Computer Science

• Computer Science, previously a strand entitled 'Computational Thinking: Programming' in standard 8.2 of the 2014 NJSLS-Technology, outlines a comprehensive set of concepts and skills, such as data and analysis, algorithms and programming, and computing systems.

Standard 8.2 Design Thinking

• This standard, previously standard 8.2 Technology Education of the 2014 NJSLS – Technology, outlines the technological design concepts and skills essential for technological and engineering literacy. The new framework design, detailed previously, includes Engineering Design, Ethics and Culture, and the Effects of Technology on the Natural world among the disciplinary concepts.

## **New Jersey Administrative Code Summary and Statues:**

The following sections outline skills and special categories mandated by the state of New Jersey for all K-12 curriculum.

Integration of 21st Century Skills and Themes and Interdisciplinary Connections

District Boards of Education shall be responsible for the review and continuous improvement of curriculum and instruction based upon changes in knowledge, technology, assessment results, and modifications to the NJSLS, according to N.J.A.C. 6A:8-2.

- 1. District Boards of Education shall include interdisciplinary connections throughout the K-12 curriculum.
- 2. District Boards of Education shall integrate into the curriculum 21st Century themes and skills (N.J.A.C. 6A:8-3.1(c). Twenty-first Century themes and skills integrated into all content standards areas (N.J.A.C. 6A:8-1.1(a)3).

"Twenty-first Century themes and skills" means themes such as global awareness; financial, economic, business, and entrepreneurial literacy; civic literacy; health literacy; learning and innovation skills, including creativity and innovation, critical thinking and problem solving, communication and collaboration; information, media, technology skills; and life and career skills, including flexibility and adaptability, initiative and self-direction, social and cross-cultural skills, productivity and accountability, and leadership and responsibility

Dissection Law: N.J.S.A. 18A:35-4.25 and N.J.S.A. 18A:35-4.24 authorizes parents or guardians to assert the right of their children to refuse to dissect, vivisect, incubate, capture or otherwise harm or destroy animals or any parts thereof as part of a course of instruction.

Amistad Law: N.J.S.A. 18A 52:16A-88 Every Board of Education shall incorporate the information regarding the contributions of African Americans to our country in an appropriate place in the curriculum of elementary and secondary school students.

Holocaust Law: N.J.S.A. 18A:35-28 Every Board of Education shall include instruction on the Holocaust and genocides in an appropriate place in the curriculum of all elementary and secondary school pupils. The instruction shall further emphasize the personal responsibility that each citizen bears to fight racism and hatred whenever and wherever it happens.

LGBT and Disabilities Law: N.J.S.A. 18A:35-4.35 A Board of Education shall include instruction on the political, economic, and social contributions of persons with disabilities and lesbian, gay, bisexual, and transgender people, in an appropriate place in the curriculum of middle school and high school students as part of the district's implementation of the New Jersey Student Learning Standards (N.J.S.A.18A:35-4.36). A Board of Education shall have policies and procedures in place pertaining to the selection of instructional materials to implement the requirements of N.J.S.A. 18A:35-4.35.

Asian Americans and Pacific Islanders: N.J.S.A. S4021 This will ensure that the contributions, history, and heritage of Asian Americans and Pacific Islanders (AAPI) are included in the New Jersey Student Learning Standards for Social Studies for students in kindergarten through Grade 12.

Career Readiness, Life Literacies, and Key Skills (NJSLS-CLKS):

• Standard 9.1 Personal Financial Literacy: This standard outlines the important fiscal knowledge, habits, and skills that must be mastered for students to make informed decisions about personal finance. Financial literacy is an integral component of a student's college and career readiness, enabling students to achieve fulfilling, financially secure, and successful careers.

- Standard 9.2 Career Awareness, Exploration, Preparation and Training. This standard outlines the importance of being knowledgeable about one's interests and talents, and being well informed about postsecondary and career options, career planning, and career requirements.
- Standard 9.3 This standard outlines what students should know and be able to do upon completion of a CTE Program of Study.
- Standard 9.4 Life Literacies and Key Skills. This standard outlines key literacies and technical skills such as critical thinking, global and cultural awareness, and technology literacy\* that are critical for students to develop to live and work in an interconnected global economy.

#### Climate Change (This will be modified based off of content)

Standards in Action: Climate Change Earth's climate is now changing faster than at any point in the history of modern civilization, primarily as a result of human activities. Global climate change has already resulted in a wide range of impacts across New Jersey and in many sectors of its economy. The addition of academic standards that focus on climate change is important so that all students will have a basic understanding of the climate system, including the natural and human-caused factors that affect it. The underpinnings of climate change span across physical, life, as well as Earth and space sciences. The goal is for students to understand climate science to inform decisions that improve quality of life for themselves, their community, globally and to know how engineering solutions can allow us to mitigate impacts, adapt practices, and build resilient systems.

The topic of climate change can easily be integrated into science classes. At each grade level in which systems thinking, managing uncertainty, and building arguments based on multiple lines of data are included, there are opportunities for students to develop essential knowledge and skills that will help them understand the impacts of climate change on humans, animals, and the environment. For example, in the earlier grades, students can use data from firsthand investigations of the school-yard habitat to justify recommendations for design improvements to the school-yard habitat for plants, animals, and humans. In the middle grades, students use resources from New Jersey Department of Environmental Protection, the National Oceanic and Atmospheric Administration (NOAA), and National Aeronautics and Space Administration (NASA), to inform their actions as they engage in designing, testing, and modifying an engineered solution to mitigate the impact of climate change on their community. In high school, students can construct models they develop of a proposed solution to mitigate the negative health effects of unusually high summer temperatures resulting from heat islands in cities across the globe and share in the appropriate setting.

	Unit I:	Pregnancy (2 weeks)		
Core Ideas	· -	<ul> <li>There are a variety of strategies that individuals use to prevent pregnancy and sexually transmitted infections.</li> <li>There are many decisions to be made related to pregnancy and childbirth that will have short-and long-term impacts.</li> </ul>		
Essential Questions	<ul> <li>What does parenting entail?</li> <li>What challenges does teen face when</li> <li>How does the fertilization process wor</li> <li>What are some dangers to fetus?</li> <li>What are the different types of births?</li> <li>When does a women go into labor?</li> <li>What are the advantages and of breas</li> <li>What are chromosomes?</li> <li>What are genes and where do we get</li> <li>What are the characteristics of each me</li> </ul>	<ul> <li>What does parenting entail?</li> <li>What challenges does teen face when pregnant at young age?</li> <li>How does the fertilization process work?</li> <li>What are some dangers to fetus?</li> <li>What are the different types of births?</li> <li>When does a women go into labor?</li> <li>What are the advantages and of breast feeding?</li> </ul>		
<b>Enduring Understanding</b>	The risk and concerns of pregnancy, advantages of	of birth control, as well as the physical and emotional stress on	the female during pregnancy.	
Practice	Individuals who possess health, emotional, social, self-care plan that promotes a healthy lifestyle. The behaviors. They also take regular actions that con engaging in appropriate self-expression. Establish	Attending to personal health, emotional, social, and physical well-being. Individuals who possess health, emotional, social, and physical literacy understand the relationship between the body and the mind. They create and implement a personal self-care plan that promotes a healthy lifestyle. They recognize the importance of a healthy diet, regular exercise, and promote mental health activities that lead to healthier behaviors. They also take regular actions that contribute to their personal, emotional, and social well-being by regulating emotions, understanding personal self-care, and engaging in appropriate self-expression. Establishing outlets that are safe and take place in healthy environments allow for positive social interaction for self and others. They recognize that an active body promotes an active healthy mind that contributes to their overall health.		
Performance Expectation	Students will be able to:  Compare and contrast the advantages and disadvantages of contraceptive and disease prevention methods (e.g., abstinence, condoms, emergency contraceptive dental dams).  Develop a plan to eliminate or reduce risk for unintended pregnancy and/or STIs (including HIV) and identify ways to overcome potential barriers to preventio identify trusted adults, including family members, caregivers, school staff, and health care professionals to ask questions and discuss pregnancy and other heat topics.  List the major milestones of each trimester of fetal development utilizing medically accurate information.  Analyze factors that can impact the health of a baby (e.g., fetal alcohol syndrome, sudden infant death syndrome, low birth weight, premature birth, genetics).  Analyze personal and societal factors that can influence decisions about pregnancy options, including parenting, abortion, safe haven, and adoption.  Analyze the emotional, social, physical, and financial effects of being a teen or young adult parent.  Assess the skills needed to be an effective parent.  Evaluate parenting strategies used at various stages of child development based on reliable sources of information. Error! Bookmark not defined.			
NJ Standards	Student Learning Objectives	Suggested Tasks/Activities	Resources/Materials	
2.1.12.PP.1 2.1.12.PP.2 2.1.12.PP.3 2.1.12.PP.4 2.1.12.PP.5 2.1.12.PP.6 2.1.12.PP.7 2.1.12.PP.8 2.1.12.PP.9	Students will be able to:  the fertilization process and how it works.  able to identify the chromosome pattern for boy and girl and when you can determine the sex of the child.  able to list and define the different types of births as well as dangers the fetus could face.  able to list the advantages of breast feeding.  able to define genes and identify where children get them from.  to list different things done to the baby right after birth.  able to describe the changes the mother goes through each month of pregnancy.	Article Format Above is the format given to the students to complete their article review  Childbirth Test Above is the assessment to close the pregnancy/childbirth unit	http://www.plannedparenthood.org https://www.babycenter.com/video/pregnancy	

Key Vocabulary	sexually transmitted diseases, fertilization process, fetal development, changes in the mother for 9 months, certain dangers to fetus, identical and fraternal twins and how they develop, different types of births, things down to the baby after birth, chromosome patterns. X and y boy girl pattern, nuclei, c-section, still birth, FAS, ultrasound, embryo, blastocyst	
Evidence of Learning	Completion of in class assignments, receives a passing grade on assessments, and completion of group work that is assigned. Article Review Teen pregnancy group work Assessment/Test Small review questions throughout the unit Contraception essay	
Interdisciplinary Connecti	Science:  NES-LS1-1: Construct an explanation based on evidence for how the structure of DNA determines the structure of proteins which carry out the essential functions of life through systems of specialized cells.  HS-LS4-2: Construct an explanation based on evidence that the process of evolution primarily results from four factors: (2) the heritable genetic variation of individuals in a species due to mutation and sexual reproduction.  English:  RI.9-10.3: Analyze how the author unfolds an analysis or series of ideas or events, including the order in which the points are made, how they are introduced and developed, and the connections that are drawn between them.  RI.9-10.2: Determine a central idea of a text analyze how it is developed and refined by specific details; provide an objective summary of the text.  RI.9-10.3: Describe and evaluate the argument and specific claims in a text, assessing whether the reasoning is valid, and the evidence is relevant and sufficient; identify false statements and reasoning.  RIP-10.10: Analyze and reflect on documents of historical and literary significance, including how they relate in terms of themes and significant concepts.  W.9-10-6: Use technology, including the internet, to produce, share and update individual or shared writing products, taking advantage of technology's capacity to link to other information and to display information flexibly and dynamically.  W.9-10.7: Conduct short as well as more sustained research projects to answer a question or solve a problem; narrow or broaden the inquiry when appropriate; synthesize multiple sources on the subject, demonstrating understanding of the subject under investigation.  SL9-10.4: Present information, finding, and supporting evidence clearly, concisely, and logically. The content organization, development, and style are appropriate to task, purpose, and audience.  SL9-10.5: Make strategic use of digital media in presentations to enhance findings, reasoning, and evidence and to add interest.  L9-10.1: Demonstrate	
Diversity, Equity, & Inclu	<ul> <li>The Health Triangle: Mental health, Physical health and Social health.</li> <li>Students will be encouraged to develop an understanding of culturally diverse perspectives on health and wellness.</li> <li>Develop authentic learning experiences that enable students to acquire and incorporate varied perspectives and to communicate with diverse audiences.</li> <li>Participate in an inclusive and diverse public health and safety culture that appreciates and incorporates perspectives from people of different genders, ethnicities, and abilities.</li> </ul>	
Career Readiness, Life Literacies, and Key Skill Computer Science and De Thinking	enrollment programs.  • 9.1.12.CFR.2: Summarize causes important to you and compare organizations you seek to support to other organizations with similar missions.	

• Self-awareness- The students will be aware of their own body especially female students in knowing the signs of pregnancy and when to take a pregnancy test, Self-Management, Social Awareness, Relationship skills, Responsible decision making- students will be aware of the decision to use contraceptives to prevent pregnancy and know the risks of not using birth control  Differentiation				
Resources/Materials	ELL (English Language Learners)  Provide translated notes and key vocabulary terms Provide images of key vocabulary terms and concepts Word banks Bilingual dictionaries Assistive translator technology Sentence frames Simplified notes Reduced homework Simplified word problems Graphic organizers Matched sentences or procedures with pictures Alternative presentation options 1-2 sentence short responses Shortened written assignments Modified tests Provide notes when student request Reduce project workload Short summaries	Display reminders     Checklist of materials and tasks (printed out or digitally accessible)     Timelines and Calendar for benchmark goals for assignments/assessments/short-term goals (Planner Microsoft)     Assistive technology (dictation, immersive reader, etc)     Flash cards     Teacher notes     Graphic organizer     Clear parameters and student workspace     Timer to monitor task and duration     Study guides     Guided notes     Choices for alternative assignments     Students are asked to come for extra help to review/retake assessment and homework assignments	At Risk  • Students are asked to come for extra help to review/retake assessment and homework assignments • Students are allowed time and a half on assessments • Provide the student with frequent check-ins during class-time work • Scaffolding assignments • Chunking of materials • Allow for errors • Pre-teach materials • Supply teacher demo • Rephrase of questions and directions • Visual cue or signs • Small group assistance or collaboration • Partner or group work on skill development • Assistance by instructional videos or curated videos online	Provide students with extra problem sets that challenge involve higher level thinking. Inquiry lead discussions and activities More complex tasks and projects Higher level questioning and techniques Student demoing and explanation Provide opportunities for students to set personal gook keep records and monitor to own learning progress Multiple assessments given different domains, that showcase student interests, strengths, and needs Use multiple approaches to accelerate learning within a outside of the school setting. Use enrichment options to extend and deepen learning opportunities within and
		<ul> <li>Students are allowed time and a half on assessments</li> <li>Provide the student with frequent check-ins during class-time work</li> <li>Visual cue or signs</li> <li>Rephrase of questions and directions</li> <li>Partner or group work on skill development</li> </ul>	<ul> <li>Guide with options for student goal setting</li> <li>Use of timer or a clock to monitor time of student activity</li> </ul>	<ul> <li>outside of the school setting</li> <li>Use individualized learning options such as mentorship internships, online courses, independent study</li> </ul>

Assistance by instructional videos or curated videos online

	Unit 2: Social	l and Sexual Health (2 weeks)		
Core Ideas	•	<ul> <li>Healthy individuals establish and maintain healthy relationships by utilizing positive communication and social skills to interact effectively with others.</li> <li>There are state and federal laws which provide access to sexual health care services for minors and to protect minors from unhealthy sexual situations.</li> </ul>		
Essential Questions	<ul> <li>What birth controls methods work th</li> <li>Do all birth control methods protect a</li> <li>What are legal laws associated with s</li> <li>What are some side effects to certain</li> <li>Why would emergency contraception</li> <li>How does emergency contraception</li> </ul>	<ul> <li>What are the benefits of abstinence?</li> <li>What birth controls methods work the best?</li> <li>Do all birth control methods protect against STD's?</li> <li>What are legal laws associated with sexually explicit media?</li> <li>What are some side effects to certain birth controls?</li> <li>Why would emergency contraception be needed?</li> <li>How does emergency contraception work?</li> <li>How do these laws effect socio economic status?</li> </ul>		
Enduring Understanding	The positive aspects of using birth control for bo	oth males and females and how that contributes to using respons	sible decision making in your sex life.	
Practice	self-care plan that promotes a healthy lifestyle. I behaviors. They also take regular actions that co engaging in appropriate self-expression. Establis	and physical well-being.  al, and physical literacy understand the relationship between the They recognize the importance of a healthy diet, regular exercise ontribute to their personal, emotional, and social well-being by reshing outlets that are safe and take place in healthy environment to healthy mind that contributes to their overall health.	e, and promote mental health activities that lead to healthier egulating emotions, understanding personal self-care, and	
Performance Expectation	<ul> <li>Complete tasks/assignments that will</li> <li>Analyze the benefits of abstinence from the cholor</li> <li>Analyze factors that influence the cholor</li> <li>Describe the human sexual response</li> </ul>	I demonstrate their knowledge of the specified topic. om sexual activity using reliable resources. oices, and effectiveness of safer sex methods and contraception, cycle, including the role of hormones and pleasure. lated to minors' ability to give and receive sexual consent and th	-	
NJ Standards	Student learning objectives	Suggested Tasks/Activities	Resources/Materials	
2.1.12.SSH.6 2.1.12.SSH.7 2.1.12.SSH.8 2.1.12.SSH.10	Students will be able to:  Ilst and define prescription and non-prescription forms of birth control.  Ilst reasons why emergency contraception would have to be used.  explain what form of birth control works best preventing STD's.  certain facts and myths about use of contraceptives.	Contraception quiz Above is quiz given to the students to test their knowledge of the topic Contraception Rubric	http://www.plannedparenthood.org http://www,cdc.gov/std	
Key Vocabulary	birth control, prescription forms of birth control,	, abstinence, non-prescription		
Evidence of Learnin	Assessment Birth Control Essay Contraception Rubric	Birth Control Essay		
Interdisciplinary Conne	Science:      HS-LS4-2: Construct an explanation b individuals in a species due to mutation	ased on evidence that the process of evolution primarily results on and sexual reproduction.	from four factors: (2) the heritable genetic variation of	
	History:  • 6.1.12.CivicsPR.2.a: Use primary sour regarding the continuing impact of the	rces to explain how judicial review made the Supreme Court an in ne Supreme Court today.	nfluential branch of government and construct an argument	

Simplified notes     Reduced homework     Simplified word problems     Graphic organizers     Matched sentences or procedures with pictures     Alternative presentation options     1-2 sentence short responses     Shortened written assignments     Modified tests     Provide notes when student request     Reduce project workload     Short summaries	Assistive technology (dictation, immersive reader, etc)     Flash cards     Teacher notes     Graphic organizer     Clear parameters and student workspace     Timer to monitor task and duration     Study guides     Guided notes     Choices for alternative assignments     Students are asked to come for extra help to review/retake assessment and homework assignments     Students are allowed time and a half on assessments     Provide the student with frequent check-ins during classtime work     Visual cue or signs     Rephrase of questions and directions     Partner or group work on skill development     Assistance by instructional	Provide the student with frequent check-ins during class-time work  Scaffolding assignments Chunking of materials Allow for errors Pre-teach materials Supply teacher demo Rephrase of questions and directions Visual cue or signs Small group assistance or collaboration Partner or group work on skill development Assistance by instructional videos or curated videos online Guide with options for student goal setting Use of timer or a clock to monitor time of student activity	Higher level questioning and techniques  Student demoing and explanation  Provide opportunities for students to set personal goals, keep records and monitor their own learning progress  Multiple assessments given in different domains, that showcase student interests, strengths, and needs  Use multiple approaches to accelerate learning within and outside of the school setting  Use enrichment options to extend and deepen learning opportunities within and outside of the school setting  Use individualized learning options such as mentorships, internships, online courses, and independent study
	Assistance by instructional videos or curated videos online		

	Unit 3: Community an	d Health Services and Suppor	rt (2 days)
Core Ideas	Knowledge of and access to resources	s is beneficial in providing support to individuals and familie	es dealing with difficult situations.
Essential Questions	<ul> <li>What are the emotional effects of bul</li> <li>Where do students go about getting h</li> <li>What are some signs and symptoms of the properties of the pr</li></ul>	<ul> <li>What are the effects of cyber bullying?</li> <li>What are the emotional effects of bullying?</li> <li>Where do students go about getting help for being bullied?</li> <li>What are some signs and symptoms of depression and suicide?</li> <li>Do more males or females get bullied and if they do what are the stats on suicide between each gender?</li> <li>Does age play a role in amounts of suicide?</li> <li>Is suicide more prevalent in different races or socio-economic areas?</li> </ul>	
<b>Enduring Understandin</b>	Understanding the signs and symptoms of anxiet	y, depression, and physical harm to someone's body. How	to get help for depression from being bullied?
Practice	Managing-self Individuals who possess health and physical literaneeded to establish and achieve success in situat	Getting your mind right.  Where to get help and how to understand how a student deals with certain emotional concerns.  Managing-self Individuals who possess health and physical literacy understand and practice strategies for managing one's own emotions, thoughts and behaviors. They recognize the sneeded to establish and achieve success in situations. They identify and apply skills, such as self-regulating, self-control, asking questions, and setting goals to persevere overcome barriers. They research reliable sources to inform and engage in healthy behaviors. They reflect on personal experiences, and recognize their strengths, traits	
Performance Expectation	<ul> <li>Complete the tasks given to them by the complete the tasks given to them by the complete the complete the tasks given to them by the complete the co</li></ul>	<ul> <li>Complete the tasks given to them by the presenter of this 2- day seminar class involving bullying and suicide.</li> <li>Develop an action plan to assist individuals who have feelings of sadness, anxiety, stress, trauma, or depression and share this information with individuals who w benefit.</li> </ul>	
NJ Standards	Student Learning Objectives	Suggested Tasks/Activities	Resources/Materials
2.1.12.CHSS.9 2.1.12.CHSS.1 2.1.12.CHSS.2	Students will be able to.  understand what is bullying and what isn't.  identify certain laws that go along with all type of bullying.  identify different signs of depression.  list different places or people they could go to get help if they are being bullied.	Stick and Stones movie  S Group activities given by presenter  Class Discussion/Q and A period	https://www.youtube.com/watch?v=pkLirwQxVQg Trailer for sticks and stones
Key Vocabulary	depression, bullying, cyber laws, counseling		
Evidence of Learnin	https://www.youtube.com/watch?v=pkLirwQxV(Group work Participation with presenter	Qg	
Interdisciplinary Connections	History:  • 6.1.12.CivicsPR.2.a: Use primary source regarding the continuing impact of the 6.1.12.CivicsHR.8.a: Analyze primary a refugee laws, and the violation of the 6.1.12.CivicsPR.10.a: Analyze how the	ces to explain how judicial review made the Supreme Court e Supreme Court today. and secondary sources to explain how social intolerance, xe human rights of individuals and groups.	sults from four factors: (2) the heritable genetic variation of an influential branch of government and construct an argument enophobia, and fear of anarchism led to restrictive immigration and and expand individual rights and use evidence to document the

	6.1.12.CivicsHR.11.a: Assess the responses of the United States and other nations to the violation of human rights that occurred during the Holocaust and other
	genocides.
	6.1.12.EconEM.13.a: Explain how individuals and organizations used economic measures as weapons in the struggle for civil and human rights.
	English:
	RI.9-10.3: Analyze how the author unfolds an analysis or series of ideas or events, including the order in which the points are made, how they are introduced and
	developed, and the connections that are drawn between them.
	RI.9-10.2: Determine a central idea of a text analyze how it is developed and refined by specific details; provide an objective summary of the text.
	RI.9-10.7: Analyze various perspectives as presented in different mediums, determining which details are emphasized in each account.
	RI.9-10.8: Describe and evaluate the argument and specific claims in a text, assessing whether the reasoning is valid, and the evidence is relevant and sufficient;
	identify false statements and reasoning.
	RI9-10.10: Analyze and reflect on documents of historical and literary significance, including how they relate in terms of themes and significant concepts.
	W.9.10-4: Produce clear and coherent writing in which the development, organization, and style appropriate to task, purpose, and audience.
	W.9-10.6: Use technology, including the Internet, to produce, share and update individual or shared writing products, taking advantage of technology's capacity to link to other information and to display information flexibly and dynamically.
	W.9-10.7: Conduct short as well as more sustained research projects to answer a question or solve a problem; narrow or broaden the inquiry when appropriate;
	synthesize multiple sources on the subject, demonstrating understanding of the subject under investigation.
	SL.9-10.4: Present information, finding, and supporting evidence clearly, concisely, and logically. The content organization, development, and style are appropriate to task, purpose, and audience.
	SL.9-10.5: Make strategic use of digital media in presentations to enhance findings, reasoning, and evidence and to add interest.
	L.9-10.1: Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.
	L.9-10.3: Apply knowledge of language to make effective choices for meaning, or style, and to comprehend more fully when reading, writing, speaking or listening.
Diversity, Equity, & Inclusion	The Health Triangle: Mental health, Physical health and Social health.
	<ul> <li>Students will be encouraged to develop an understanding of culturally diverse perspective on health and wellness.</li> </ul>
	Develop authentic learning experiences that enable students to acquire and incorporate varied perspectives and to communicate with diverse audiences.
	Participate in an inclusive and diverse public health and safety culture that appreciates and incorporates perspectives from people of different genders, ethnicities,
	and abilities.
Career Readiness, Life	9.2.12.CAP.2: Develop college and career readiness skills by participating in opportunities such as structured learning experiences, apprenticeships, and dual
	enrollment programs.
Literacies, and Key Skills	9.1.12.CFR.2: Summarize causes important to you and compare organizations you seek to support to other organizations with similar missions.
Computer Science and	8.2.12.EC.3: Synthesize data, analyze trends, and draw conclusions regarding the effect of a technology on the individual, culture, society, and environment and
•	share this information with the appropriate audience.
Design Thinking	
Social Emotional Learning	Decision making- is someone being bullied and are you stopping it as a bystander/friend, Self-Awareness do you feel you are being bullied and where to go to get
	and help and stop the situation. Build strong relationships with friends and family so you can go to them and talk
	Differentiation

Differentiation				
Resources/Materials	ELL	Special Education	At Risk	Enrichment
	(English Language Learners)			
	<ul> <li>Provide translated notes and key vocabulary terms</li> <li>Provide images of key vocabulary terms and concepts</li> </ul>	Checklist of materials and tasks	<ul> <li>Students are asked to come for extra help to review/retake assessment and homework assignments</li> </ul>	<ul> <li>Provide students with extra problem sets that challenge and involve higher level thinking</li> <li>Inquiry lead discussions and</li> </ul>
	<ul> <li>Word banks</li> <li>Bilingual dictionaries</li> <li>Assistive translator technology</li> <li>Sentence frames</li> <li>Simplified notes</li> </ul>	<ul> <li>Timelines and Calendar for benchmark goals for assignments/assessments/short- term goals (Planner Microsoft)</li> <li>Assistive technology (dictation,</li> </ul>	<ul> <li>Students are allowed time and a half on assessments</li> <li>Provide the student with frequent check-ins during class-time work</li> </ul>	activities  More complex tasks and projects  Higher level questioning and techniques
	<ul> <li>Reduced homework</li> <li>Simplified word problems</li> <li>Graphic organizers</li> </ul>	<ul><li>immersive reader, etc)</li><li>Flash cards</li><li>Teacher notes</li></ul>	<ul><li>Scaffolding assignments</li><li>Chunking of materials</li><li>Allow for errors</li></ul>	Student demoing and explanation

<ul> <li>Matched sentences or procedures with pictures</li> <li>Alternative presentation options</li> <li>1-2 sentence short responses</li> <li>Shortened written assignments</li> <li>Modified tests</li> <li>Provide notes when student request</li> <li>Reduce project workload</li> <li>Short summaries</li> </ul>	Graphic organizer     Clear parameters and student workspace     Timer to monitor task and duration     Study guides     Guided notes     Choices for alternative assignments     Students are asked to come for extra help to review/retake assessment and homework assignments     Students are allowed time and a half on assessments     Provide the student with frequent check-ins during class-time work     Visual cue or signs     Rephrase of questions and directions     Partner or group work on skill development     Assistance by instructional	<ul> <li>Pre-teach materials</li> <li>Supply teacher demo</li> <li>Rephrase of questions and directions</li> <li>Visual cue or signs</li> <li>Small group assistance or collaboration</li> <li>Partner or group work on skill development</li> <li>Assistance by instructional videos or curated videos online</li> <li>Guide with options for student goal setting</li> <li>Use of timer or a clock to monitor time of student activity</li> </ul>	<ul> <li>Provide opportunities for students to set personal goals, keep records and monitor their own learning progress</li> <li>Multiple assessments given in different domains, that showcase student interests, strengths, and needs</li> <li>Use multiple approaches to accelerate learning within and outside of the school setting</li> <li>Use enrichment options to extend and deepen learning opportunities within and outside of the school setting</li> <li>Use individualized learning options such as mentorships, internships, online courses, and independent study</li> </ul>
	Assistance by instructional videos or curated videos online		

	Unit 4: Health Condition	ons, Diseases and Medicines (4	weeks)	
Core Ideas	Medicines treat or relieve diseases or	Medicines treat or relieve diseases or pain and are prescribed by a physician or accessed over the counter.		
Essential Questions	<ul> <li>What is Chlamydia?</li> <li>What is Gonorrhea?</li> <li>What is Syphilis?</li> <li>What is HPV?</li> <li>What is HSV?</li> <li>What are Crabs?</li> <li>What is Scabies</li> <li>What STI's and STD's are bacterial, vir.</li> <li>What are long term effects of each if r</li> <li>What STI's and STD's are curable or ju</li> <li>If curable what cures them?</li> <li>If treated what treats them?</li> <li>How are STI's and STD's identified? W</li> <li>What is the difference between HIV as</li> <li>When was each discovered?</li> <li>Treatments for HIV?</li> </ul>	not treated? st treated? hat test identifies them		
<b>Enduring Understandir</b>	Knowing the risks of unprotected sex and how ST	D's can come about and effect the body.		
Practice Performance Expectati	self-care plan that promotes a healthy lifestyle. T behaviors. They also take regular actions that cor engaging in appropriate self-expression. Establish recognize that an active body promotes an active  Ons  Students will be able to:  Complete tasks/assignments that will	, and physical literacy understand the relationship between th hey recognize the importance of a healthy diet, regular exercis ntribute to their personal, emotional, and social well-being by	se, and promote mental health activities that lead to healthier regulating emotions, understanding personal self-care, and nts allow for positive social interaction for self and others. They	
NJ Standards	Student Learning Objectives	Suggested Tasks/Activities	Resources/Materials	
2.3.12.HCDM.3	Students will be able to:  identify some facts and myths about STD's.  explain some statistics about STD's that Americans face.  define each STD discussed in the unit.  list long term effects of STD on the body if not treated.  discuss the difference between what STD's are curable or treatable and the difference between the two.  list the type of tests needed to identify each STD.  list concerns for a pregnant female that is infected with any STD.  identify the difference between HIV and AIDS.  identify what your immune system is and how your cell. count plays a role in keeping people alive.  list treatment and tests for HIV.	STD Test Above is the assessment given out  STI power point project Above is a group project given out during the unit  STD journal entry	http://www.plannedparenthood.org  http://www.cdc.gov/std  https://www.youtube.com/watch?v=cl4B9AU45P4	

•	explain how HIV and AIDS attack the immune system.
Key Vocabulary	asymptomatic, treatments, cures, symptoms, penicillin, exams, Pap Smear, HIV, AIDs, immune system, T cells, B cells, pandemic
Evidence of Learning	Assessment STD article review STI power point project STI power point project Journal Entry HIV article review HIV Test
interdiscipiniary	Science:  • HS-LS4-2: Construct an explanation based on evidence that the process of evolution primarily results from four factors: (2) the heritable genetic variation of
	English:  RI.9-10.3: Analyze how the author unfolds an analysis or series of ideas or events, including the order in which the points are made, how they are introduced and developed, and the connections that are drawn between them.  RI.9-10.2: Determine a central idea of a text analyze how it is developed and refined by specific details; provide an objective summary of the text.  RI.9-10.7: Analyze various perspectives as presented in different mediums, determining which details are emphasized in each account.  RI.9-10.8: Describe and evaluate the argument and specific claims in a text, assessing whether the reasoning is valid and the evidence is relevant and sufficient; identify false statements and reasoning.  RIP-10.10: Analyze and reflect on documents of historical and literary significance, including how they relate in terms of themes and significant concepts.  W.9-10-4: Produce clear and coherent writing in which the development, organization, and style appropriate to task, purpose, and audience.  W.9-10.6: Use technology, including the Internet, to produce, share and update individual or shared writing products, taking advantage of technology's capacity to link to other information and to display information flexibly and dynamically.  W.9-10.7: Conduct short as well as more sustained research projects to answer a question or solve a problem; narrow or broaden the inquiry when appropriate; synthesize multiple sources on the subject, demonstrating understanding of the subject under investigation.  SL9-10.4: Present information, finding, and supporting evidence clearly, concisely, and logically. The content organization, development, and style are appropriate to task, purpose, and audience.  SL9-10.5: Make strategic use of digital media in presentations to enhance findings, reasoning, and evidence and to add interest.  L.9-10.1: Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.  L.9-10.3: Apply knowledge of language to make effective choices for meaning,
Diversity, Equity, & Inclusion	<ul> <li>Students will be encouraged to develop an understanding of culturally diverse perspective on health and wellness.</li> <li>Develop authentic learning experiences that enable students to acquire and incorporate varied perspectives, and to communicate with diverse audiences.</li> <li>Participate in an inclusive and diverse public health and safety culture that appreciates and incorporates perspectives from people of different genders, ethnicities, and abilities.</li> </ul>
Career Readiness, Life Literacies, and Key Skills	<ul> <li>9.2.12.CAP.2: Develop college and career readiness skills by participating in opportunities such as structured learning experiences, apprenticeships, and dual enrollment programs.</li> <li>9.1.12.CFR.2: Summarize causes important to you and compare organizations you seek to support to other organizations with similar missions.</li> </ul>

Computer Science and Design Thinking	8.2.12.EC.3: Synthesize data, analyze trends, and draw conclusions regarding the effect of a technology on the individual, culture, society, and environment and share this information with the appropriate audience.				
Social Emotional Learning	• Self-awareness in knowing what contraceptives work in not only preventing pregnancy but protecting against STDs, responsible decision- making in practicing safe sex. Developing relationships with your sex partner and talking about the risks of unprotected sex.				
	Differentiation				
Resources/Materials	ELL (English Language Learners)	Special Education	At Risk	Enrichment	
	<ul> <li>Provide translated notes and key vocabulary terms</li> <li>Provide images of key vocabulary terms and concepts</li> <li>Word banks</li> <li>Bilingual dictionaries</li> <li>Assistive translator technology</li> <li>Sentence frames</li> <li>Simplified notes</li> <li>Reduced homework</li> <li>Simplified word problems</li> <li>Graphic organizers</li> <li>Matched sentences or procedures with pictures</li> <li>Alternative presentation options</li> <li>1-2 sentence short responses</li> <li>Shortened written assignments</li> <li>Modified tests</li> <li>Provide notes when student request</li> <li>Reduce project workload</li> <li>Short summaries</li> </ul>	<ul> <li>Display reminders</li> <li>Checklist of materials and tasks (printed out or digitally accessible)</li> <li>Timelines and Calendar for benchmark goals for assignments/assessments/short-term goals (Planner Microsoft)</li> <li>Assistive technology (dictation, immersive reader, etc)</li> <li>Flash cards</li> <li>Teacher notes</li> <li>Graphic organizer</li> <li>Clear parameters and student workspace</li> <li>Timer to monitor task and duration</li> <li>Study guides</li> <li>Guided notes</li> <li>Choices for alternative assignments</li> <li>Students are asked to come for extra help to review/retake assessment and homework assignments</li> <li>Students are allowed time and a half on assessments</li> <li>Provide the student with frequent check-ins during class-time work</li> <li>Visual cue or signs</li> <li>Rephrase of questions and directions</li> <li>Partner or group work on skill development</li> <li>Assistance by instructional</li> </ul>	<ul> <li>Students are asked to come for extra help to review/retake assessment and homework assignments</li> <li>Students are allowed time and a half on assessments</li> <li>Provide the student with frequent check-ins during class-time work</li> <li>Scaffolding assignments</li> <li>Chunking of materials</li> <li>Allow for errors</li> <li>Pre-teach materials</li> <li>Supply teacher demo</li> <li>Rephrase of questions and directions</li> <li>Visual cue or signs</li> <li>Small group assistance or collaboration</li> <li>Partner or group work on skill development</li> <li>Assistance by instructional videos or curated videos online</li> <li>Guide with options for student goal setting</li> <li>Use of timer or a clock to monitor time of student activity</li> </ul>	<ul> <li>Provide students with extra problem sets that challenge an involve higher level thinking</li> <li>Inquiry lead discussions and activities</li> <li>More complex tasks and projects</li> <li>Higher level questioning and techniques</li> <li>Student demoing and explanation</li> <li>Provide opportunities for students to set personal goals, keep records and monitor their own learning progress</li> <li>Multiple assessments given in different domains, that showcase student interests, strengths, and needs</li> <li>Use multiple approaches to accelerate learning within and outside of the school setting</li> <li>Use enrichment options to extend and deepen learning opportunities within and outside of the school setting</li> <li>Use individualized learning options such as mentorships, internships, online courses, and independent study</li> </ul>	

videos or curated videos online

	Unit 5: P	Personal Safety (2 days)				
Core Ideas	Technology increases the capacity of in	Technology increases the capacity of individuals to communicate in multiple and diverse ways, which can complicate interpersonal relationships and self-esteem.				
Essential Questions	<ul> <li>Where do students go about getting he</li> <li>What are some signs and symptoms of</li> <li>What are the sexting laws and what is t</li> </ul>	<ul> <li>What are the effects of cyber bullying?</li> <li>What are the emotional effects of bullying?</li> <li>Where do students go about getting help for being bullied?</li> <li>What are some signs and symptoms of depression and suicide?</li> <li>What are the sexting laws and what is the exact definition of it?</li> <li>How can students use social media safely?</li> </ul>				
Enduring Understanding		Understanding the signs and symptoms anxiety, depression, and physical harm to someone's body. How to get help for depression from being bullied. Students knowing that sexting is a serious offense and what could happen to them if they are involved in it.				
Practice	Where to get help and how to understand how a student deals with certain emotional concerns.					
	needed to establish and achieve success in situation	ons. They identify and apply skills, such as self-regulating, s to inform and engage in healthy behaviors. They reflect or	own emotions, thoughts and behaviors. They recognize the skills self-control, asking questions, and setting goals to persevere and in personal experiences, and recognize their strengths, traits and			
	and consider their values, their own beliefs, and co decision making process. They consider the impact risk. They analyze if a decision can be made indivious Setting goals Individuals who possess health and physical literac	onsequences, that will impact their decisions. They develope the strong to self and others and evaluate whether dually or collaboratively.  Column 2 are focused with a plan in mind and a task to complete.	lifestyle that promotes wellness. Students examine their options p, implement, and model effective critical thinking skills in their r the results of their decision promote one's health or present a  They set high but realistic standards, prioritize responsibilities, self-directed, highly motivated, curious, and desirous of living			
Performance Expectation	The students will be able to:	ne presenter of this 2- day seminar class involving bullying a fectively, safely, and with empathy when using digital devic	es in a variety of situations (e.g., cyberbullying, sexting)			
NJ Standards	Student Learning Objectives	Suggested Tasks/Activities	Resources/Materials			
2.3.12.PS.1 2.3.12.PS.2 2.3.12.PS.8 2.3.12.PS. 9 2.3.12.PS.10	<ul> <li>understand what is bullying and what isn't.</li> <li>identify certain laws that go along with all types of bullying.</li> </ul>	Stick and Stones movie Group activities given by presenter Class Discussion/Q and A period	https://www.youtube.com/watch?v=pkLirwQxVQg  Trailer for sticks and stones			
Key Vocabulary	depression, bullying, cyber laws, counseling, sextir	ng	•			
Evidence of Learnin	https://www.youtube.com/watch?v=pkLirwQxVQ Group work	g				

	Participation with presenter			
Interdisciplinary Connections	<ul> <li>6.1.12.CivicsPR.2.a: Use primary sources to explain how judicial review made the Supreme Court an influential branch of government and construct an argument regarding the continuing impact of the Supreme Court today.</li> <li>6.1.12.CivicsHR.8.a: Analyze primary and secondary sources to explain how social intolerance, xenophobia, and fear of anarchism led to restrictive immigration and refugee laws, and the violation of the human rights of individuals and groups.</li> <li>6.1.12.CivicsPR.10.a: Analyze how the Supreme Court has interpreted the Constitution to define and expand individual rights and use evidence to document the long-term impact of these decisions on the protection of civil and human rights.</li> <li>6.1.12.CivicsHR.11.a: Assess the responses of the United States and other nations to the violation of human rights that occurred during the Holocaust and other genocides.</li> <li>6.1.12.EconEM.13.a: Explain how individuals and organizations used economic measures as weapons in the struggle for civil and human rights.</li> </ul>			
	developed, and the connections RI.9-10.2: Determine a central i RI.9-10.7: Analyze various persp RI.9-10.8: Describe and evaluate identify false statements and re RI9-10.10: Analyze and reflect of W.9.10-4: Produce clear and co W.9-10.6: Use technology, including to other information and to W.9-10.7: Conduct short as well synthesize multiple sources on SL.9-10.4: Present information, to task, purpose, and audience. SL.9-10.5: Make strategic use of L.9-10.1: Demonstrate comman	s that are drawn between them. dea of a text analyze how it is developed and pectives as presented in different mediums, at the argument and specific claims in a text, assoning. In documents of historical and literary signiful therent writing in which the development, or display information flexibly and dynamically as more sustained research projects to anset the subject, demonstrating understanding of finding, and supporting evidence clearly, could find the conventions of standard English grand of the conventions of standard English grand presentations to enhance find of the conventions of standard English grands	wer a question or solve a problem; narrow of the subject under investigation. ncisely, and logically. The content organization indings, reasoning, and evidence and to add	ctive summary of the text.  It each account.  If the evidence is relevant and sufficient;  It themes and significant concepts.  It prose, and audience.  It is advantage of technology's capacity to broaden the inquiry when appropriate;  It is not development, and style are appropriate interest.
Diversity, Equity, & Inclusion	<ul> <li>Students will be encouraged to</li> <li>Develop authentic learning exp</li> </ul>	•	rse perspective on health and wellness. I incorporate varied perspectives and to com appreciates and incorporates perspectives fr	
Career Readiness, Life Literacies, and Key Skills	<ul> <li>9.2.12.CAP.2: Develop college and career readiness skills by participating in opportunities such as structured learning experiences, apprenticeships, and dual enrollment programs.</li> <li>9.1.12.CFR.2: Summarize causes important to you and compare organizations you seek to support to other organizations with similar missions.</li> </ul>			
Computer Science and Design	8.2.12.EC.3: Synthesize data, analyze trends, and draw conclusions regarding the effect of a technology on the individual, culture, society, and environment and share this information with the appropriate audience.			
Social Emotional Learning	Decision making- is someone being bullied and are you stopping it as a bystander/friend, Self-Awareness do you feel you are being bullied and where to go to get and help and stop the situation. Build strong relationships with friends and family so you can go to them and talk.  Differentiation			
Resources/Materials	ELL (English Language Learners)	Special Education	At Risk	Enrichment
	Provide translated notes and key vocabulary terms	Display reminders	Students are asked to come for extra help to review/retake	<ul> <li>Provide students with extra problem sets that challenge and involve higher level thinking</li> </ul>

Provide images of key vocabulary terms and concepts Word banks Bilingual dictionaries Assistive translator technology Sentence frames Simplified notes Reduced homework Simplified word problems Graphic organizers Matched sentences or procedures with pictures Alternative presentation options 1-2 sentence short responses Shortened written assignments Modified tests Provide notes when student request Reduce project workload Short summaries	<ul> <li>Checklist of materials and tasks (printed out or digitally accessible)</li> <li>Timelines and Calendar for benchmark goals for assignments/assessments/short-term goals (Planner Microsoft)</li> <li>Assistive technology (dictation, immersive reader, etc)</li> <li>Flash cards</li> <li>Teacher notes</li> <li>Graphic organizer</li> <li>Clear parameters and student workspace</li> <li>Timer to monitor task and duration</li> <li>Study guides</li> <li>Guided notes</li> <li>Choices for alternative assignments</li> <li>Students are asked to come for extra help to review/retake assessment and homework assignments</li> <li>Studusta are allowed time and a half on assessments</li> <li>Provide the student with frequent check-ins during classtime work</li> <li>Visual cue or signs</li> <li>Rephrase of questions and directions</li> <li>Partner or group work on skill development</li> <li>Assistance by instructional videos or curated videos on curated videos on curated videos or curated videos or curated videos or curated videos on curated videos or curated videos online</li> </ul>	activities  More complex tasks and projects  Higher level questioning and techniques  Student demoing and explanation  Provide opportunities for students to set personal goals, keep records and monitor their own learning progress  Multiple assessments given in different domains, that showcase student interests, strengths, and needs  Use multiple approaches to accelerate learning within and outside of the school setting  Use enrichment options to extend and deepen learning opportunities within and outside of the school setting  Use individualized learning options or meeters him.
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